

Lunchbox Laughter Festive Fun



Spinach, Goats Cheese and Cranberry Salad

Ingredients

2 handfuls of baby spinach
1 handful of dried cranberries
1 handful chopped walnuts
1 tablespoon raspberry vinegar
2 tablespoons of olive oil
1 teaspoon Dijon mustard
100g feta cheese

Equipment

Mixing bowl
Whisk

Method

1. Mix together the spinach, walnuts and cranberries
2. Whisk together the olive oil, vinegar and mustard
3. Pour the dressing over the salad and sprinkle with crumbled feta cheese

Christmas Cookies

Ingredients

125g butter
75g muscovado sugar
100g wholemeal self raising flour
100g porridge oats
100g dried cranberries

Equipment

Baking sheet
Mixing bowl
Wooden spoon
Oven

Method

1. Beat together the butter and sugar until fluffy
2. Stir in the oats, flour and cranberries to form a dough
3. Divide the dough into 10 equal sized pieces, roll into a ball, flatten slightly and place onto a greased baking sheet
4. Bake at 180°C for 15 – 20 minutes until golden but still slightly soft
5. Allow to cool

Christmas Trail Mix

Ingredients

1 handful of almonds
1 handful of dried cranberries
1 handful of mini marshmallows
1 handful of yoghurt covered raisins
2 handfuls of puffed rice

Equipment

Sandwich bag

Method

1. Place all of the ingredients into the sandwich bag
2. Hold the bag closed at the top, shake and enjoy